

Evaluation of mechanical resistance to tearing of the anterior lens capsule after staining with different concentrations of trypan blue

Sándor G. L., Kiss Z., Bocskai Z. I., Tóth G., Temesi T., Nagy Z. Z.

Accepted for publication in Journal of Cataract and Refractive Surgery

Published in -0001

DOI: [10.1097/j.jcrs.0000000000000017](https://doi.org/10.1097/j.jcrs.0000000000000017)

TITLE PAGE

**Evaluation of mechanical resistance to tearing of the anterior lens capsule
following staining with different concentrations of trypan blue**

Short running head: Capsule edge resistance following staining with trypan blue

¹Gábor L. Sándor MD, PhD; ^{2,3}Zoltán Kiss PhD; ⁴Zoltán I. Bocskai PhD;

¹Gábor Tóth MD, FEBO; ²Tamás Temesi, ^{1,5}Zoltán Z. Nagy MD, PhD, DSc

1 Department of Ophthalmology, Faculty of Medicine, Semmelweis University,
Budapest, Hungary

2 Department of Polymer Engineering, Faculty of Mechanical Engineering, Budapest
University of Technology and Economics, Budapest, Hungary

3 Biomechanical Research Centre, Faculty of Mechanical Engineering, Budapest
University of Technology and Economics, Budapest, Hungary

4 Department of Structural Mechanics, Faculty of Civil Engineering, Budapest
University of Technology and Economics, Budapest, Hungary

5 Faculty of Health Sciences, Semmelweis University, Budapest, Hungary

The results were presented in the SHIOL (Societas Hungarica Ad Implantandam
Oculi Lenticulam) Meeting in Siófok, Hungary, March of 2019, and in the HOOD
(Croatian Ophthalmological and Optometric Society of the Croatian Medical
Association) Meeting in Vodice, Croatia, May of 2019.

Acknowledgment of grant support

This study was supported by the Hungarian Scientific Research Fund (OTKA K 116189). Tamás Temesi was supported by the ÚNKP-18-3 New National Excellence Program (under grant no. ÚNKP-18-3-I-BME-183) of the Ministry of Human Capacities.

Financial Disclosures

No author has any financial or proprietary interest in any material or method mentioned.

Corresponding author:

Gábor L. Sándor

Address: Mária Street 39., Budapest, Hungary, H-1085

Telephone: +36-20-825-85-45

Fax: 00-36-1-317-90-61

E-mail: sandorgaborlaszlo@gmail.com

ABSTRACT

Purpose: To evaluate and compare the mechanical resistance to tearing of the anterior lens capsule opening, following staining with different concentrations of trypan blue in ex vivo specimens of porcine.

Setting: Department of Ophthalmology, Faculty of Medicine, Semmelweis University, Budapest, Hungary. Department of Polymer Engineering and Biomechanical Research Centre, Faculty of Mechanical Engineering, Budapest University of Technology and Economics, Budapest, Hungary.

Design: Experimental study.

Methods: In the Control Group (n=25 eyes), the capsule was unstained. In the Stained 1 Group (n=25 eyes) 0.06%, in the Stained 2 Group (n=25 eyes) 0.1% trypan blue was used to stain the capsule. Following the capsulorhexis, the capsule openings were stretched with custom-designed testing equipment until they ruptured. The rupture force (RF), the circumference stretching ratio (CSR), and secant modulus at 10 mN (SM_{10mN}) and 50 mN (SM_{50mN}) were evaluated.

Results: There were no statistically significant differences in RF ($p = .8924$) or CSR ($p = .3876$) among the groups. There were no statistically significant differences in SM_{10mN} ($p = .8215$) or SM_{50mN} ($p = .4184$) among the groups.

Conclusion: In this porcine eye model, we found that, of these trypan blue concentrations that are routinely used in cataract surgery, neither had an effect on capsular rim stability.

SYNOPSIS

1
2
3
4
5 Capsular openings created following trypan blue staining are not weaker than those
6
7 created without application of this dye.
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

INTRODUCTION

1
2
3
4
5 The creation of anterior capsulorhexis is a crucial step of extracapsular
6
7 cataract surgery. During this process, visualization of the anterior capsule is based
8
9 on an adequate red fundus reflex, and is therefore more challenging when the red
10
11 reflex is poor (e.g., due to a mature cataract). Furthermore, especially in such cases,
12
13 a strong capsular rim is needed to support the possible stress load during the
14
15 surgical procedure. If the anterior capsule is torn, the position of the intraocular lens
16
17 may be compromised because of the disrupted integrity of the capsular bag.
18
19 Moreover, extension of the tear towards the posterior capsule may lead to serious
20
21 complications (e.g., vitreous loss or dropped nucleus).
22
23
24
25

26
27 Trypan blue is a dye that is commonly used to facilitate visualization of the
28
29 anterior lens capsule during creation of the anterior capsulorhexis.¹ Several studies
30
31 have reported that trypan blue affects the mechanical properties of the anterior lens
32
33 capsule.²⁻⁵ However, only one study evaluated the stained capsular opening; the
34
35 authors of that study found no difference in tear resistance based on the use of
36
37 trypan blue.⁶ Therefore, to prevent surgical complications, further investigations are
38
39 warranted to evaluate the biomechanical behaviour of the anterior capsulorhexis
40
41 edge when stained with trypan blue.
42
43
44
45

46
47 A test method was devised by our study group, based on our prior
48
49 experiments,⁷⁻⁹ in order to determine whether the most frequently used
50
51 concentrations of trypan blue (0.06% and 0.1%) alter the resistance of the capsular
52
53 opening.
54
55
56
57
58
59
60
61
62
63
64
65

MATERIALS AND METHODS

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

Fresh porcine eyes were transported from a local abattoir immediately after slaughter, and were randomly divided into three groups. Under an operating microscope, the cornea and iris were removed. In the Control Group (C Group), the anterior lens capsule was unstained. Conversely, in the Stained 1 Group (S1 Group), 0.06% trypan blue was used to stain the capsule for 1 minute; 0.1% trypan blue was used to stain the capsule in a similar manner in the Stained 2 Group (S2 Group). Subsequently, the dye was removed by irrigation with balanced salt solution (BSS). In all groups, continuous curvilinear capsulorhexis (CCC) was performed with a cystotome and forceps. A custom-designed, three-dimensionally printed marker (5.5 mm in diameter) was used to ensure uniform, well-centred, appropriately sized, circular capsular openings. Subsequently, the anterior capsule was cut around the equator, using a pair of micro-scissors to obtain a ring-shaped capsule specimen. All specimens were checked for uniformity via light microscopy (BX 51M, Olympus Co., Tokyo, Japan). Specimens with unacceptable shape, size, or an irregularity at the rim of the opening were excluded. In total, 75 eyes (25 eyes in each group) met the study inclusion criteria.

The mechanical test was performed using custom-designed testing equipment¹⁰ with slight modifications. Briefly, the specimen support comprised four polished metal pins, each with a radius of 0.4 mm. Two pair of holders were placed, perpendicular to each other. The ring-shaped specimen was carefully slipped over the four pins, which were lubricated with methylcellulose to reduce friction. The specimen support was submerged in BSS at room temperature to ensure an

1 appropriate hydration level during the test. The four pins were separated from each
2 other by four stepping motors, which operated at a speed of 10 mm/min until the
3 capsule ring was torn. The force required to stretch and displace the pins was
4 recorded continuously using a computer. The mechanical test arrangement is shown
5 in **Figure 1**. The unstretched circumference (C_{us}) and stretched circumference (C_s)
6 of the opening were calculated based on the relative position of the pins, where the
7 strain reached a small preload of 1.5 mN and the ring was torn. The circumference
8 stretching ratio (CSR) between the stretched and unstretched circumferences was
9 expressed as a percentage based on the following formula:
10
11
12
13
14
15
16
17
18
19
20
21

$$22 \quad \text{CSR} = (C_s/C_{un}) \times 100\%$$

23
24 The rupture force (RF), CSR, shape of elasticity curves, and secant modulus at 10
25 mN (SM_{10mN}) and 50 mN (SM_{50mN}) were evaluated.
26
27
28

29 Data were analyzed using Statistica 8.0 (Statsoft Inc., Tulsa, OK USA). For
30 group comparisons, the one-way analysis of variance (ANOVA) was used. Data
31 were shown as means \pm standard deviation. A p-value of less than 0.05 was
32 considered statistically significant.
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

RESULTS

The RF in each group was as follows: C Group: 108 ± 20 mN, S1 Group: 105 ± 32 mN, and S2 Group: 104 ± 23 mN (**Figure 2A**). The CSR in each group was as follows: C Group: $148 \pm 7\%$, S1 Group: $148 \pm 6\%$, and S2 Group: $150 \pm 5\%$ (**Figure 2B**). There were no statistically significant differences in RF ($p = .8924$) or CSR ($p = .3876$) among the groups.

Figures 3A, B, and C show the elasticity curves, which represent the force required for stretching as a function of the displacement of the pins for each group. As illustrated by the figures, the force-displacement relation was similar in all groups. The SM_{10mN} was 13 ± 2 mN/mm for C Group, 13 ± 2 mN/mm for S1 Group, and 14 ± 2 mN/mm for S2 Group. The SM_{50mN} was 38 ± 6 mN/mm for C Group, 38 ± 5 mN/mm for S1 Group, and 39 ± 3 mN/mm for S2 Group. There were no statistically significant differences among the groups ($p = .8215$ and $p = .4184$). The shape of the curves was similar in all groups: the increase in force was rapid, and a steep decline occurred at the point indicating tearing of the specimen.

DISCUSSION

1
2
3
4
5
6
7 The aim of this study was to evaluate and compare the mechanical resistance
8
9 to tearing of the anterior capsule opening, following staining with different
10 concentrations of trypan blue in ex vivo specimens of porcine lens capsule. In this
11 porcine eye model, we found that, of these trypan blue concentrations that are
12 routinely used in cataract surgery, neither had an effect on capsular rim stability.
13
14
15
16
17
18

19 An earlier study subjectively noted that the anterior capsule was more fragile
20 and friable in the trypan blue eyes than in the control eyes.¹¹ Wollensak et al.
21 analysed porcine anterior lens capsules after trypan blue staining for various time
22 intervals, with or without exposure to light. They found that trypan blue staining
23 combined with at least 1 minute of light irradiation led to increased elastic stiffness at
24 25% strain, as well as reduction in ultimate extensibility. The authors of that study
25 speculated that the effect might have been a result of the photosensitizing action of
26 trypan blue, which led to light-induced crosslinking of capsule collagen.² Additionally,
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

66 Furthermore, Jardleza et al. confirmed that the use of trypan blue led to significantly
67 stiffer anterior lens capsules in human eyes, and that this effect was most
68 pronounced in diabetic anterior lens capsules. The authors of that study concluded
69 that the photooxidizing effects of trypan blue are likely to compound existing glucose
70 mediated collagen crosslinking in the diabetic anterior lens capsule.⁴ Haritoglou et al.

1 evaluated human anterior lens capsules and found an increase in tissue stiffness
2 after trypan blue staining. However, illumination using a standard surgical light
3 source had no significant effect on the analysed mechanical properties.⁵ Finally,
4 Simsek et al. assessed human specimens following intracameral trypan blue
5 application; they reported no effect on capsule elasticity and stiffness.¹²
6
7

8
9
10
11
12 Despite differences in the applied methods (e.g., human vs. porcine samples,
13 uniaxial vs. biaxial test), our results are in accordance with the findings reported by
14 Jaber et al.⁶ To the best of our knowledge, their work constitutes the sole existing
15 study regarding the stability of the stained capsular opening. Notably, they found no
16 difference in CCC strength between trypan blue–stained capsules and control
17 capsules; moreover, staining with trypan blue did not reduce CCC tear resistance.
18
19

20
21
22 We aimed to simulate real circumstances that occur during dye-enhanced cataract
23 surgery. Therefore, we used the most frequently applied concentrations of the dye.
24
25 Furthermore, we performed a biaxial mechanical test, because the capsular rim
26 could bear a similar load during surgery. However, we worked with light exposure;
27 we concluded that trypan blue dye does not influence mechanical resistance to
28 tearing of the anterior lens capsule. A possible explanation for this is that staining-
29 induced alteration of the ultrastructure¹³ may modify the mechanical properties of the
30 capsule surface; however, this may have no mechanical effect on the whole rim. Our
31 explanation is in accordance with the findings of Haritoglou et al.⁵ This theory is also
32 augmented by the elasticity curves in the present study (**Figure 3A, 3B, and 3C**).
33
34 The force versus displacement diagrams were similar for all groups, showing a rapid
35 rise in force with abrupt termination of the curve. This characteristic may be clinically
36 useful, as it may assist surgeons in determining the stretching limit of the opening
37 during surgical manoeuvres.
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1 The mechanical behaviour of the porcine capsule is similar to that of the
2 human capsule during infancy;¹⁴ however, it changes during adulthood.¹⁵ Thus, the
3 current results may not be directly applicable to the clinical treatment of adult
4 patients. Nonetheless, our results suggest that, of the trypan blue concentrations
5 routinely used in cataract surgery, neither has an effect on capsular rim stability.
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

WHAT WAS KNOWN

Several studies have reported that trypan blue affects the mechanical properties of the anterior lens capsule.

WHAT THIS PAPER ADD

In this porcine eye model, we found that, of these trypan blue concentrations that are routinely used in cataract surgery, neither had an effect on capsular rim stability.

REFERENCES

- 1 Melles GR, de Waard PW, Pameyer JH, Houdijn Beekhuis W. Trypan blue capsule staining to visualize the capsulorhexis in cataract surgery. *J Cataract Refract Surg* 1999; 25: 7-9
- 2 Wollensak G, Sporn E, Pham DT. Biomechanical changes in the anterior lens capsule after trypan blue staining. *J Cataract Refract Surg* 2004; 30: 1526-1530
- 3 Dick HB, Aliyeva SE, Hengerer F. Effect of trypan blue on the elasticity of the human anterior lens capsule. *J Cataract Refract Surg* 2008; 34: 1367-1373
- 4 Jardeleza MS, Daly MK, Kaufman JD, Klapperich C, Legutko PA. Effect of trypan blue staining on the elastic modulus of anterior lens capsules of diabetic and nondiabetic patients. *J Cataract Refract Surg* 2009; 35: 318-323
- 5 Haritoglou C, Mauell S, Schumann RG, Henrich PB, Wolf A, Kernt M, Benoit M. Increase in lens capsule stiffness caused by vital dyes. *J Cataract Refract Surg* 2013; 39: 1749-1752
- 6 Jaber R, Werner L, Fuller S, Kavoussi SC, McIntyre S, Burrow M, Mamalis N. Comparison of capsulorhexis resistance to tearing with and without trypan blue dye using a mechanized tensile strength model. *J Cataract Refract Surg* 2012; 38: 507-512
- 7 Bocskai ZI, Sandor GL, Kiss Z, Bojtar I, Nagy ZZ. Evaluation of the mechanical behaviour and estimation of the elastic properties of porcine zonular fibres. *J Biomech* 2014; 47: 3264-3271

- 1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
- 8 Sandor GL, Kiss Z, Bocskai ZI, Kolev K, Takacs AI, Juhasz E, Kranitz K, Toth G, Gyenes A, Bojtár I, Juhasz T, Nagy ZZ. Comparison of the mechanical properties of the anterior lens capsule following manual capsulorhexis and femtosecond laser capsulotomy. *J Refract Surg* 2014; 30: 660-664
- 9 Sandor GL, Kiss Z, Bocskai ZI, Kolev K, Takacs AI, Juhasz E, Kranitz K, Toth G, Gyenes A, Bojtár I, Juhasz T, Nagy ZZ. Evaluation of the mechanical properties of the anterior lens capsule following femtosecond laser capsulotomy at different pulse energy settings. *J Refract Surg* 2015; 31: 153-157
- 10 Toth BK, Nasztanovics F, Bojtár I. Laboratory tests for strength parameters of brain aneurysms. *Acta Bioeng Biomech* 2007; 9: 3-7
- 11 Nanavaty MA, Johar K, Sivasankaran MA, Vasavada AR, Praveen MR, Zetterstrom C. Effect of trypan blue staining on the density and viability of lens epithelial cells in white cataract. *J Cataract Refract Surg* 2006; 32: 1483-1488
- 12 Simsek C, Oto S, Yilmaz G, Altinors DD, Akman A, Gungor SG. Comparison of the mechanical properties of the anterior lens capsule in senile cataract, senile cataract with trypan blue application, and pseudoexfoliation syndrome. *J Cataract Refract Surg* 2017; 43: 1054-1061
- 13 Rangaraj NR, Ariga M, Thomas J. Comparison of anterior capsule electron microscopy findings with and without trypan blue stain. *J Cataract Refract Surg* 2004; 30: 2241-2242
- 14 Andreo LK, Wilson ME, Apple DJ. Elastic properties and scanning electron microscopic appearance of manual continuous curvilinear capsulorhexis and vitrectorhexis in an animal model of pediatric cataract. *J Cataract Refract Surg* 1999; 25: 534-539

- 15 Krag S, Olsen T, Andreassen TT. Biomechanical characteristics of the human
anterior lens capsule in relation to age. Invest Ophthalmol Vis Sci 1997; 38:
357-363

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

ACKNOWLEDGMENT

1
2
3
4
5 This study was supported by the Hungarian Scientific Research Fund (OTKA K
6
7 116189). Tamás Temesi was supported by the ÚNKP-18-3 New National Excellence
8
9 Program (under grant no. ÚNKP-18-3-I-BME-183) of the Ministry of Human
10
11 Capacities.
12
13
14
15
16
17
18

FINANCIAL DISCLOSURES

19
20
21
22
23
24 No author has any financial or proprietary interest in any material or method
25
26 mentioned.
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

FIGURE LEGENDS

1
2
3
4
5
6
7 Figure 1. The mechanical test arrangement. (SM=stepping motor, H=holder,
8
9 SG=strain gauge)
10

11
12
13
14 Figure 2. Rupture force (A) and circumference stretching ratio (B) in the study
15
16
17 groups.
18

19
20
21 Figure 3. Elasticity curves in the Control Group (A), Stained 1 Group (B) and Stained
22
23
24 2 Group (C).
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

Figure 1
[Click here to download high resolution image](#)

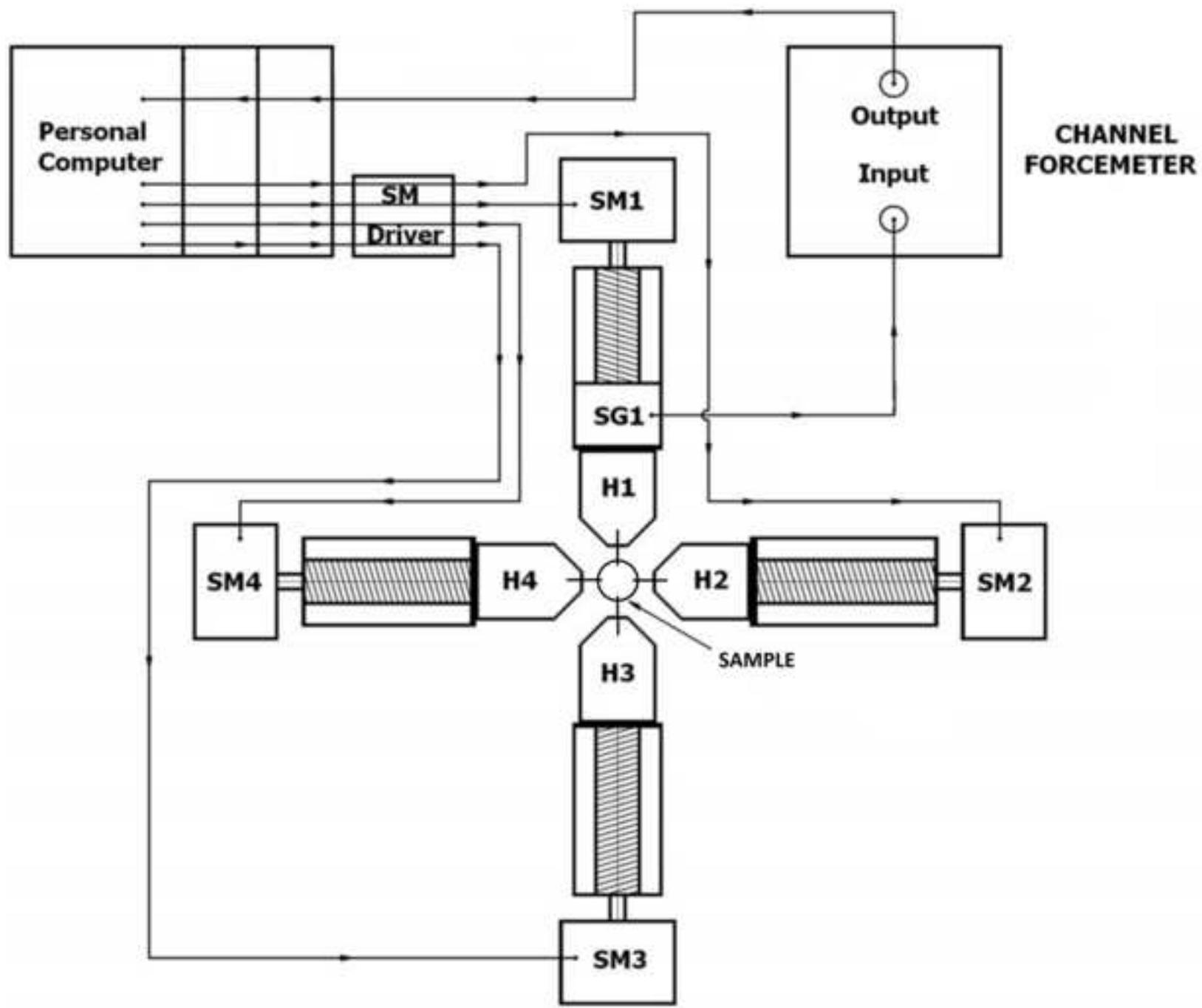


Figure 2
[Click here to download high resolution image](#)

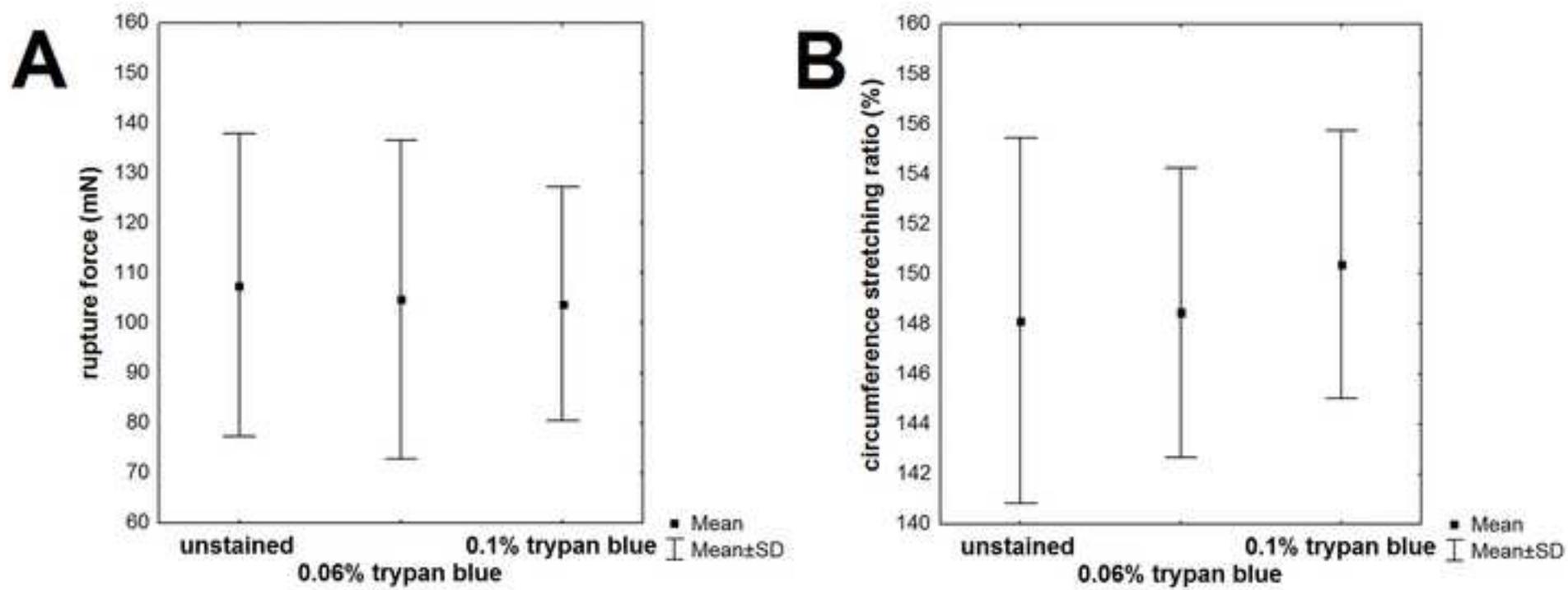


Figure 3
[Click here to download high resolution image](#)

